



Multisystemic Therapy

Multisystemic Therapy (MST) is an intensive, family and community-based treatment that addresses the core causes of juvenile delinquency and antisocial behaviors in youth ages 12-17. Therapists help youth and their families develop healthier environments with the ultimate goals of improving youth mental health and reducing youth criminal activity, substance use, aggressive/violent behaviors and academic problems.

Support That Matches The Need

Eligibility Criteria

- Youth 12 to 17* years of age
- Linn County resident
- At risk of severe systemic consequences due to serious, externalizing, anti-social and/or delinquent behaviors in the home, community, and/or school environment

*if outside of age range, contact MST Manager to review

Services Included

- Evaluation and assessment
- In-home and community-based settings
- Individual and family therapy
- 24/7 access to MST support
- Intensive coordination of care with various social, emotional, academic, and physical wellness entities

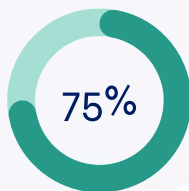
Proven Success



Average Length of Treatment



Youth complete treatment



Fewer violent arrests (over 22 years)

Contact information

Call: 319-286-4552 ext. 242

Email: MST@tanagerplace.org

www.tanagerplace.org

Multisystemic Therapy: What to Expect

Admission Process

MST has many avenues that can lead to a referral for services.

Youth may be referred for MST in the following ways:

- Parents or legal guardians can refer
- Community support workers can refer
 - Including schools, Juvenile Court Officers, Health and Human Services workers, etc.

Parent/Guardian must still consent to treatment

1. CONTACT MST MANAGER

To begin the admission process, contact our MST Manager via phone or email!

Contact by Phone:

- Call 319-286-4519 to speak to MST Manager
- If MST Manager is unavailable at that time, you will receive a confidential voicemail box
- Please leave a voicemail
 - Our MST Manager will follow up within two business days to the inquiry and begin the process of determining eligibility

Contact by Email

- Send an admission inquiry to MST@tanagerplace.org
 - Our MST Manager will follow up within two business days to the inquiry and begin the process of determining eligibility

2. ELIGIBILITY & FUNDING VERIFICATION

- A licensed mental health provider will complete an assessment to determine eligibility
- MST team will verify insurance
 - If you do not have insurance or MST is not covered by your insurance, we will assist in application process for regional funding.

During Treatment

Youth's Experience

- Our MST therapists work to emphasize and highlight the positive within the youth and their support systems
- Interventions designed to promote responsibility among youth and family system
- Interventions are present-focused and action-oriented, targeting specific and well-defined problems.

Parent/Guardian Involvement

- MST focuses on families as the solution
- Families are full collaborators in treatment planning and delivery
- A strong focus on family members as the long-term change agents
- MST has a strong track record of client engagement, retention, and satisfaction

Family Engagement/Commitment

- Family engagement is the most crucial piece of this program
- Families should expect to spend up to four hours per week of time with their MST therapist

Reach Out Today!

PHONE:

319-286-4519

EMAIL:

MST@tanagerplace.org